

Oh the Possibilities...

Self-Advocates as Leaders in Your Community

NCSA Pre-Conference
The Arc's National Convention
Seattle, Washington
Saturday, Aug 3rd



WELCOME!

- **We are SO glad you are here!**
- These next 3 hours will go by really fast! Take a break whenever you need to.
- Please silence your cell phones
- Don't understand something? Make sure you ask us or your support person.

TODAY'S AGENDA

- Icebreaker
- Session: Developing Self-Advocacy Skills
- Session: Sharing Your Message
- Activity: Self-Advocacy On-Line
- Activity: Disability Rights Panel
- Session: A PATH to success for NCSA
- Closing/Wrap up

Who is the National Council of Self-Advocates (NCSA)?

- Group of self-advocates within The Arc's 700 chapter network (currently have 21 members)
- We want to make sure people I/DD have a clear, strong and united voice within The Arc
- We want to help ourselves and others with I/DDs live the kind of life that lets us make meaningful choices for a promising future

What We Want to Do...

- Encourage chapters of The Arc, at all levels, to promote leadership roles for people with I/DD in their governance
- Support chapters of The Arc in their support of strong, solid self advocacy groups
- Advocate that The Arc be committed to employing people with I/DD within their organizations

First Steps...

- Created the NCSA Advisory Group
- Provide pre-conference sessions or tracks created by self-advocates, for self-advocates at The Arc's national conventions
- Provide our expertise for The Arc's self-advocacy projects and initiatives

Getting to Know You

- Grab a quote from the middle of the table, and a partner too
- You have 1-2 minutes to talk about what the quote means to you and why it's meaningful.
- When you hear the signal, it's time to change partners (choose someone you don't know well)
- If you find a favorite quote that really inspires you, please take it home with you!

What is your most important take away from today's conference?

Joe Meadours, Kurt Rutzen & Adam Shand



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