

HEALTHMEET INITIAL INSIGHTS

AUGUST 4, 2013



HealthMeet

Promoting Health for People
with Intellectual Disabilities

HEALTH AND PEOPLE WITH INTELLECTUAL DISABILITIES

- People with ID tend to be less healthy than the general population

- Many of these health problems can easily be treated or prevented.



- People with ID disproportionately experience barriers to receiving quality healthcare



WHAT IS HEALTHMEET?

*HealthMeet **reduces health disparities** for people with intellectual disabilities that ultimately result in their increased longevity and quality of life and **raises public, health professional, and community consciousness** of the health needs and issues that impact people with intellectual disabilities.*



WHAT DOES HEALTHMEET DO?

Project Activities:

- Implement assessment sites to provide free assessments to people with ID as well connections to local services
- Conduct trainings to improve knowledge on health promotion and health issues



HEALTHMEET IMPACT: BY THE NUMBERS

- 682 people assessed from late March to July 2013
- Initial site reports suggest that 40 – 50 percent of participants have received referrals to services
- 1,584 people have viewed our bi-weekly webinar trainings between August 2012 – July 2013
- Over 239,286 people been engaged through outreach efforts this year



PROVIDING CONNECTIONS TO SERVICES



MOTIVATING PEOPLE TO BE HEALTHY



IMPACTING HEALTH PROFESSIONALS



OVERCOMING SOCIETAL BARRIERS



WHO IS INVOLVED WITH HEALTHMEET?

Project Partners and Contributors:

- Funder:
 - Centers for Disease Control and Prevention (CDC)
- Health Data Evaluators:
 - The Boggs Center
 - Therap
- Health Promotion Trainers:
 - University of Illinois at Chicago
 - University of Minnesota
 - The Arc of New Jersey
- National Partners:
 - American Association on Intellectual and Developmental Disabilities
 - Association of University Centers on Disabilities
 - National Association of County and City Health Officials
 - National Down Syndrome Congress
 - National Organization on Fetal Alcohol Syndrome
- HealthMeet Assessment Sites:
 - The Arc of Atlantic County
 - The Arc of Buncombe County
 - Berkshire County Arc
 - Brockton Area Arc
 - The Arc of Bristol County
 - The Arc of Camden County
 - The Charles River Center
 - The Arc of Essex County
 - The Arc of Gaston County
 - The Arc of Gloucester
 - The Arc of Greater Pittsburgh
 - The Arc of Lenoir County
 - The Arc of Massachusetts
 - Monarch
 - The Arc of Monmouth
 - The Arc of Moore
 - The Arc of North Carolina
 - The Arc of North Carolina, Wilmington
 - Northeast Arc
 - The Arc of Union/Cabarrus County
 - The Arc of Wake County
 - The Arc San Francisco
 - The Breakfast Club (NC)

WHERE DO WE GO FROM HERE?

- Growing assessment locations and enhancing current assessment/training models
- Continuing training events for groups to incorporate health promotion into activities
- Enhancing national training efforts and partnerships
- Evaluating assessment and project data to identify health trends and needs



HOW CAN I FIND OUT MORE?

- Check for updates on The Arc website (<http://www.thearc.org>) and
 - on our blog (<http://blog.thearc.org/>)
- Visit our project page (<http://www.thearc.org/healthmeet/>) as well as Self-Advocacy Online at (<http://selfadvocacyonline.org/>)
- Check out updates from HealthMeet and The Arc on
 - Facebook (<http://www.facebook.com/thearcus>) or
 - Twitter (<http://twitter.com/thearcus>)
- Contact our staff via email at:
 - Karen Wolf-Branigin, wolf-branigin@thearc.org
 - Jennifer Sladen, sladen@thearc.org

