

# Presenting The Initial Findings of Health Professional Questionnaire

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# About the Project

- Goal of the Cooperative Agreement
  - Focus on health care providers specifically doctors and nurses
  - Address the discrepancy between doctors knowledge and talking with patients
  - Focus on the national level
  - Partner with other national organizations
- Cooperative Agreement awarded by U.S. Department of Health and Human Services Health Resources and Services Administration (HRSA) Grant #: U1HMC26371

# Agenda

- Purpose and Background
- Limitations
- Distribution
- Professional Profile of Respondents
- Workplace Settings
- Views on Alcohol Consumption & Pregnancy
- Alcohol Screening
- Patient Engagement
- Obstacles
- Training Materials

# The FASD Healthcare Professionals/Providers Questionnaire










- Purpose was inform an education plan for the project for Years Two and Three
- Determine the information and format preferred by healthcare professionals
- Limitations
- Internet based with 48 Questions
- 424 Respondents

# Distribution of the Questionnaire

- Distributed the questions using these methods:
- Website
- Partners
  - Association of American Indian Affairs (AAIA)
  - Association of Reproductive Health Professionals (ARHP)
  - Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN)
  - National Association of County and City Health Officials (NACCHO)
- AWHONN and MMS Listservs
- CDC, SAMHSA and HRSA
- FASD Coordinators

# Professional Profile of Respondents

- 71% (n=302): Nurse Practitioners, Registered Nurses, Licensed Practical Nurses
- 7.3% (n=31): Family Practitioners, Internists, Pediatricians, Obstetricians-Gynecologists
- 23.6% (n=100): Other (Educators, Specialists, Administrators, Public Health Nurses, & Clinical Nurse Specialists)
- 8.3% (n=35): Midwives
- 4.2% (n=18): Mental Health Therapists
- 3.3% (n=14): Physician's Assistants
- 3.1% (n=59): Substance Abuse Therapists
- 1.9% (n=8): Community Health Representatives
- 5%(n=21) Completed training/education abroad

# of years working with patients/clients	Chart	Percentages	Count
0-4		13%	53
5-9		9%	36
10-14		13%	52
15-19		10%	42
20-24		11%	46
25-29		10%	42
30-34		14%	59
35-39		10%	40
40+		4%	16
Total Responses			386

# Workplace Settings

- Majority of respondents (47%) work in a hospital setting
  - 31% work in some other medical setting
  - 19% work in an office or non medical setting
- HRSA Region 5 (IL, IN, MI, MN, OH, WI) had the most respondents 16% (n=68)
- HRSA Region 2 (NJ, NY, PR, VI) had the least respondents 7% (n=68)
- 92 reported working with American Indian and/or Alaskan Native Communities





# Views on Alcohol Consumption & Pregnancy



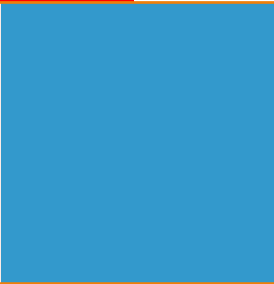



	Agree	Don't Know/No Opinion	Disagree	Total Responses
Occasional alcohol consumption is safe during the first trimester of pregnancy.	25 (6.6%)	10 (2.6%)	345 (90.8%)	380
Occasional alcohol consumption is safe during the second trimester of pregnancy.	23 (6.1%)	11 (2.9%)	341 (90.9%)	375
Occasional alcohol consumption is safe during the third trimester of pregnancy.	56 (14.9%)	18 (4.8%)	303 (80.4%)	377
Regular or frequent alcohol consumption is safe during any period of pregnancy.	1 (0.3%)	1 (0.3%)	373 (99.5%)	375

# Alcohol Screening







Does your employer have a written policy or expectation about discussing alcohol use with pregnant and non-pregnant patients/clients?

	Chart	Percentage	Count
Yes		42.5%	144
No		57.5%	195
Total Responses			339

# Alcohol Screening

How frequently does screening occur?	Chart	Percentage	Count
Nonpregnant patient/client is screened at intake		26.0%	87
Nonpregnant patient/client is screened annually		23.0%	77
Pregnant patients/clients are screened at intake and subsequent appointments throughout pregnancy		51.0%	171
Other		12.8%	43
Don't Know		13.1%	44
My work does not screen patients/clients with consistency		13.1%	44
Total Responses			335

# Patient/Client Engagement

What do you say to pregnant patients/clients who report drinking alcohol occasionally?	Chart	Percentage	Count
Advise Abstinence/Not to Drink Alcohol		82.6%	251
Advise Reduction of Alcohol Use		19.4%	59
Provide Resources for Counseling or Support		41.1%	125
Refer to Treatment Centers for Alcohol-Related Issues		20.4%	62
I do not make recommendations.		6.2%	19
Other		13.5%	41
Total Responses			304

# Obstacles

	Not an obstacle	No opinion/ Don't Know	An obstacle	Count
Time limitations	121 (42%)	16 (6%)	148 (52%)	285
Patient/client sensitivity or denial of this issue	80 (28%)	17 (6%)	188 (66%)	285
Discomfort with or unsure how to discuss issue with patient/client	214 (75%)	13 (5%)	56 (20%)	283
Lack of clarity on who is responsible for screening/discussing issue with patient/client	214 (75%)	22 (8%)	47 (17%)	283
Need for additional training to enhance interviewing/screening skills	163 (57%)	26 (9%)	95 (33%)	284
Lack of referral resources for adequately dealing with prenatal alcohol use problems once identified	125 (44%)	20 (7%)	138 (49%)	283
Lack of financial reimbursement for alcohol screening, assessment, and counseling in my state/health system	89 (31%)	97 (34%)	97 (34%)	283
Unsure about/disagree with research in the field	210 (75%)	48 (17%)	21 (6%)	279

# Training Areas

	Not helpful	Don't know	Helpful	Count
Updates on current/new research relating to alcohol use	42 (16%)	1 (0.4%)	212 (81%)	263
Patient/client education materials on the impact of alcohol on a fetus during pregnancy	30 (11%)	2 (0.8%)	212 (80%)	265
Incorporation of patient/client education materials and alcohol-related screening tools into Electronic Health Records	45 (17%)	19 (7%)	184 (70%)	264
Information on motivational interviewing techniques to improve alcohol-related discussions	58 (22%)	8 (3%)	181 (68%)	265

# Training Media

	Not helpful	Don't Know	Helpful	Count
Online CME-credit courses	24 (9%)	7 (2.6%)	229 (86%)	266
Online manuals or reference guides	47 (18%)	9 (3.4%)	203 (76%)	267
On-site training for myself and colleagues	43 (16%)	22 (8.3%)	198 (74%)	266
Video trainings and materials	55 (21%)	18 (6.8%)	187 (71%)	265
Speakers at regional conferences	48 (18%)	22 (8.3%)	189 (71%)	265

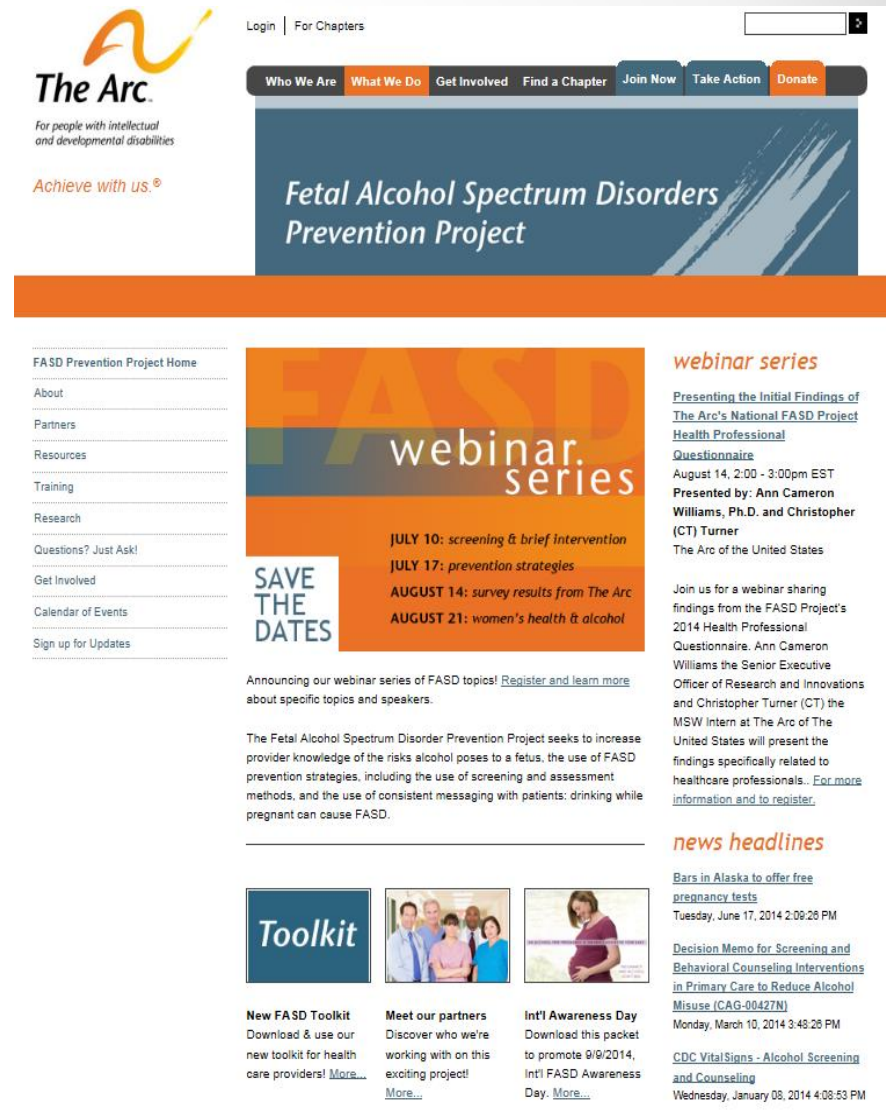
# What The Arc is Doing

- Website
  - <http://www.thearc.org/FASD-Prevention-Project>
- 17 local chapters of The Arc received mini-grants
- ARHP created CME Course
- FASDs Prevention Project Toolkit

  
**The Arc**

Fetal Alcohol Spectrum Disorder  
Prevention Project

*Achieve with us.®*



The screenshot shows the website for The Arc's Fetal Alcohol Spectrum Disorders Prevention Project. The header includes the The Arc logo with the tagline "For people with intellectual and developmental disabilities" and "Achieve with us.®". Navigation links include "Who We Are", "What We Do", "Get Involved", "Find a Chapter", "Join Now", "Take Action", and "Donate". A search bar is in the top right. The main banner reads "Fetal Alcohol Spectrum Disorders Prevention Project". A sidebar on the left lists links: "FASD Prevention Project Home", "About", "Partners", "Resources", "Training", "Research", "Questions? Just Ask!", "Get Involved", "Calendar of Events", and "Sign up for Updates". The main content area features a "webinar series" announcement with dates: "JULY 10: screening & brief intervention", "JULY 17: prevention strategies", "AUGUST 14: survey results from The Arc", and "AUGUST 21: women's health & alcohol". Below this is a "SAVE THE DATES" box. A paragraph announces the webinar series and provides a link to register. Another paragraph describes the project's goals. At the bottom, there are three featured items: "Toolkit" (New FASD Toolkit download), "Meet our partners" (Discover who we're working with), and "Int'l Awareness Day" (Download packet to promote 9/9/2014). On the right, there are "webinar series" details (Presenting the Initial Findings of The Arc's National FASD Project Health Professional Questionnaire, August 14, 2:00 - 3:00pm EST, presented by Ann Cameron Williams, Ph.D. and Christopher (CT) Turner) and "news headlines" (Bars in Alaska to offer free pregnancy tests, Tuesday, June 17, 2014 2:09:26 PM; Decision Memo for Screening and Behavioral Counseling Interventions in Primary Care to Reduce Alcohol Misuse, Monday, March 10, 2014 3:48:26 PM; CDC VitalSigns - Alcohol Screening and Counseling, Wednesday, January 08, 2014 4:08:53 PM).



# ARHP Continuing Education Course

## *Preventing Fetal Alcohol Spectrum Disorders*

- October 21, 2014 at 4:00 PM ET
- Presenter: Susan J. Astley, PhD
- Credits
  - Physicians: 1.0 AMA PRA Category 1 Credit
  - Nurses: 1.0 contact hour, including up to 0.5 pharmacology hours
- Register for it here  
(<http://www.arhp.org/modules/webinars/Preventing-Fetal-Alcohol-Spectrum-Disorders/64>).



Fetal Alcohol Spectrum Disorder  
Prevention Project

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# FASDs Toolkit

## *denial of alcohol use?*

*Do your patients seem reluctant to talk about or deny alcohol use?*

*you're not alone!*



66% of health care professionals/providers believe women's sensitivity or denial influenced their decisions to talk about alcohol use.\*

### consider these options

#### *Discuss Health in General*

Explain ways alcohol can impact general health.  
Raise awareness of risk by explaining:

- Increased health problems: liver disease, brain damage, and breast cancer
- Women are more vulnerable than men to alcohol's effects

Discuss protection and always reiterate:

***NO amount of alcohol is safe during pregnancy.***

#### *Find an Ally on Staff*

Discuss approaches with staff and identify those who may be able to build a rapport and make women feel more comfortable with discussing alcohol use.

#### *Request Training*

Request training from organizations like The Arc to help learn ways to navigate difficult issues.

#### *Resources*

See The Arc's Resource Guide and the following:

#### **Alcohol and Health**

- CDC: Alcohol Fact Sheets  
[www.cdc.gov/alcohol](http://www.cdc.gov/alcohol)

#### **Training**

- The Arc:  
[www.thearc.org](http://www.thearc.org)
- SAMHSA:  
[fasdcenter.samhsa.gov](http://fasdcenter.samhsa.gov)
- NOFAS:  
[www.nofas.org/](http://www.nofas.org/)

\* data based on a survey conducted by The Arc FASD Prevention Project

# FASDs Toolkit

To download a digital copy of the toolkit visit

<http://www.thearc.org/FASD-Prevention-Project/resources/toolkit>

Or to order a physical copy Contact:

Katrina Burkgren

[Burkgren@TheArc.org](mailto:Burkgren@TheArc.org)



# Questions?

- About the Questionnaire?
- About the Project Materials?
- About the Project?

# Thank You!

- FASD Webinar and Peer Learning Community:  
Does She or Doesn't She? A Women's Health Perspective  
on Alcohol Use in Pregnancy
  - Thursday, August 21<sup>st</sup>, 2:00 - 3:3pm EST

[www.thearc.org/FASD-Prevention-Project](http://www.thearc.org/FASD-Prevention-Project)



Contact: Kerry Mauger - [mauger@thearc.org](mailto:mauger@thearc.org)

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