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| ***FASD Webinar Series: The Prevention of Fetal Alcohol Spectrum Disorders*** |
| **Presented by: Dr. Sterling Clarren On: February 26, 2015** |
| * Former CEO of Canadian FASD Research Network
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| **What Do We Know About FASD’s?** |  | **What We Need: Research and Evaluation** |
| * Prevalence (FAS) 1-6/1000 in general population and 4-9/1000 in Native American population
* Total cost of $1-3 million per case over lifetime
* Although alcohol use in childbearing age has declined, no decline in number of women who are “high risk” drinkers
 |  | * So much is still unknown about how to prevent FASD
	+ Can we measure drinking patterns?
	+ Should we target specific groups?
	+ Where does the doctor fit in?
* Need a summit on prevention with commitment from government and funders and to initiate programs and evaluation
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| **Alcohol and Dose Response** |  | **What Can We Do?** |
| * No amount of alcohol is absolutely safe during pregnancy, but no amount is absolutely dangerous
	+ Drinking early in pregnancy is most dangerous
	+ The risk never drops to zero
	+ Alcohol effects every person differently
 |  | * Brief interventions
	+ Used by the CDC
* Working with high risk women
	+ Peer support program popular in Canada
* Sheway/Herway models
	+ Program for marginalized women
* SAMHSA TIP
	+ Consider all female patients of childbearing age at risk for having children with FASD
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| **Ambiguous Messaging** |  | **Resources** |
| * Obstetricians and their patients don’t fully agree on the proper protocol for drinking during pregnancy
* Various messages circulating lead to confusion
* Overwhelming amount of information creates confusion
* Studies published in journals can be misconstrued by mainstream media to have established something false
* There are so many things women are told they cannot do during pregnancy that this gets lost
 |  | * Check out our website for more information, resources, videos, etc. at: [www.thearc.org/FASD-Prevention-Project](http://www.thearc.org/FASD-Prevention-Project)
* Download our FASD Toolkit at: [www.thearc.org/FASD-Prevention-Project/resources/toolkit](http://www.thearc.org/FASD-Prevention-Project/resources/toolkit)
* For more information, contact Kerry Mauger at Mauger@thearc.org
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| *The goal of the webinar series is to increase provider knowledge of the risks alcohol poses to a fetus, the use of prevention strategies, and of consistent messaging with patients: drinking while pregnant can cause FASD. For more webinars or to see the full recording of this one:* [*http://tinyurl.com/jwh25cr*](http://tinyurl.com/jwh25cr) |