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| ***FASD Webinar Series: The Prevention of Fetal Alcohol Spectrum Disorders*** | | |
| **Presented by: Dr. Sterling Clarren On: February 26, 2015** | | |
| * Former CEO of Canadian FASD Research Network | | |
| **What Do We Know About FASD’s?** |  | **What We Need: Research and Evaluation** | |
| * Prevalence (FAS) 1-6/1000 in general population and 4-9/1000 in Native American population * Total cost of $1-3 million per case over lifetime * Although alcohol use in childbearing age has declined, no decline in number of women who are “high risk” drinkers |  | * So much is still unknown about how to prevent FASD   + Can we measure drinking patterns?   + Should we target specific groups?   + Where does the doctor fit in? * Need a summit on prevention with commitment from government and funders and to initiate programs and evaluation | |
| **Alcohol and Dose Response** |  | **What Can We Do?** | |
| * No amount of alcohol is absolutely safe during pregnancy, but no amount is absolutely dangerous   + Drinking early in pregnancy is most dangerous   + The risk never drops to zero   + Alcohol effects every person differently |  | * Brief interventions   + Used by the CDC * Working with high risk women   + Peer support program popular in Canada * Sheway/Herway models   + Program for marginalized women * SAMHSA TIP   + Consider all female patients of childbearing age at risk for having children with FASD | |
| **Ambiguous Messaging** |  | **Resources** | |
| * Obstetricians and their patients don’t fully agree on the proper protocol for drinking during pregnancy * Various messages circulating lead to confusion * Overwhelming amount of information creates confusion * Studies published in journals can be misconstrued by mainstream media to have established something false * There are so many things women are told they cannot do during pregnancy that this gets lost |  | * Check out our website for more information, resources, videos, etc. at: [www.thearc.org/FASD-Prevention-Project](http://www.thearc.org/FASD-Prevention-Project) * Download our FASD Toolkit at: [www.thearc.org/FASD-Prevention-Project/resources/toolkit](http://www.thearc.org/FASD-Prevention-Project/resources/toolkit) * For more information, contact Kerry Mauger at [Mauger@thearc.org](mailto:Mauger@thearc.org) | |
| **Contact:** Katrina Burkgren,   Program Associate   **Phone:** 202.534.3485    **Email:** burkgren@thearc.org | | |
| *The goal of the webinar series is to increase provider knowledge of the risks alcohol poses to a fetus, the use of prevention strategies, and of consistent messaging with patients: drinking while pregnant can cause FASD.  For more webinars or to see the full recording of this one:* [*http://tinyurl.com/jwh25cr*](http://tinyurl.com/jwh25cr) | | |