|  |
| --- |
| ***FASD Webinar Series: Modifying FASD Prevention Strategies for Individuals with an FASD*** |
| **Presented by: Dan Dubovsky, MSW, LSW On: July 17, 2014** |
| * FASD Specialist, SAMHSA FASD Center for Excellence
 |
| **How Do We Recognize Individuals Who May Have an FASD?**  |  | **Brain structures affected by Prenatal Alcohol Exposure**  |
| * There is no simple test to identify
* Life History Screen – 28 questions in 9 categories to help guide modifications
* Screening can lead to assessment and diagnostic evaluation
* Diagnostic capacity is limited for adults, so proper assessments are crucial
 |  | * Basal ganglia, esp caudate nucleus – controls cognition, emotion, motor activity
* Frontal Lobes – processes humor and information, expressive language, abstract thinking, aggression
* Hippocampus – controls memory, learning, aggression, emotion
* Amygdala – controls fear – “fight or flight”, stress, anxiety, anger, aggression
 |
| **Issues in Prevention for Individuals with an FASD** |  | **How to Modify Motivational Interviewing to adapt to an Individual with an FASD** |
| * Literal thinkers – they may respond differently/ incorrectly to questions based on how they are phrased
* Have difficulty with verbal receptive processes – which many prevention strategies rely on
* Motivational interviewing – relies heavily on individuals verbal processes and making decisions about their own behavior
* Those with FASD tend to overact to situations
 |  | * Explain questions and give examples – be thorough
* Write questions/answers down
* Use specific timeframes
* Be much more direct
* Utilize more than just verbal senses
* Assess the true understanding on questions/ answers
* Needs lots of repetition and review
* Show empathy and acknowledge success
* Be creative and flexible
 |
| **Resources:** |  | **How to get involved with** **The Arc’s FASDs Prevention Project:** |
| * Project CHOICES - [www.cdc.gov/ncbddd/fasd/research-preventing.html](http://www.cdc.gov/ncbddd/fasd/research-preventing.html)
* The Impact of Prenatal Alcohol Exposure on Addiction Treatment - <http://journals.lww.com/journaladdictionmedicine/Fulltext/2013/03000/The_Impact_of_Prenatal_Alcohol_Exposure_on.1.aspx>
* Screening in Treatment Programs for Fetal Alcohol Spectrum Disorders that Could Affect Therapeutic Progress - <http://www.ijadr.org/index.php/ijadr/article/view/116>
 |  | * Participate in FASD Focus Groups
* Distribute electronic communications via social media about FASD prevention materials to colleagues or health care providers
* Distribute and/or present FASD prevention materials to your colleagues and/or health care providers in your local community
* Suggest that research or resources be added to the website
* Share information with us about your FASD prevention efforts.
 |
| **Contact:** Katrina Burkgren,  Program Associate  **Phone:** 202.534.3485   **Email:** burkgren@thearc.org |
| *The goal of the webinar series is to increase provider knowledge of the risks alcohol poses to a fetus, the use of prevention strategies, and of consistent messaging with patients: drinking while pregnant can cause FASD. For more webinars or to see the full recording of this one:* [*http://tinyurl.com/jwh25cr*](http://tinyurl.com/jwh25cr) |