**Use these messages on your social media pages.**

**Facebook Posts:**

Are you uninsured and need help figuring out health insurance plans? Visit <http://c-c-d.org/fichiers/open_enrollment_flyer_final.pdf> to learn about consumer assistance programs created by the Affordable Care Act.

Every plan sold in the new health insurance marketplace must include habilitation. To learn what that means for people with I/DD visit <http://www.thearc.org/document.doc?id=4387>

Do you need more information about who qualifies for help in paying for health insurance in the new marketplaces? We have the answers you are looking for! <http://www.thearc.org/page.aspx?pid=2973>

**Tweets (140 characters or less):**

Need help figuring out insurance plans? Visit <http://c-c-d.org/fichiers/open_enrollment_flyer_final.pdf>

New insurance #marketplaces are doing more to support habilitative services for people with I/DD: <http://www.thearc.org/document.doc?id=4387>