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| ***FASD Webinar Series: Supporting Health Care Providers to Prevent Fetal Alcohol Spectrum Disorders*** | | |
| **Presented by: Dr. Mary DeJoseph On: April 10, 2014** | | |
| * Adjunct faculty member at Philadelphia College of Osteopathic Medicine * Works with NE/NE FASD Education and training center; serves on national FAS/FAE Task Force | | |
| **Overview of FASD** |  | **Data** | |
| * FASDs include a variety of different disorders   + Descriptive term for broad span of disorders   + FASD is not a diagnosis * CDC estimates 2-15 cases per 10,000 live births in the US * Alcohol passes through placenta and enters embryo or fetus through umbilical cord * Effects include physical, behavioral, mental and/or learning disabilities * No cure, but is 100% preventable |  | * 66% of OB-GYNs believe that occasional alcohol consumption is not safe during any period of pregnancy * Top barriers: patient denial, sensitivity, resistance to treatment time, finances, needs for training, confusing data * Top Resource needed: referral resources for patients with alcohol problems | |
| **The Problem** |  | **Progress—What Has Been Working** | |
| * Difficult to determine what a woman who is high risk looks like * There are many misconceptions about drinking and pregnancy   + Media and health care providers cause confusion * Family and friends influence a woman’s decisions about drinking during pregnancy * Many women are informed about the risks of drinking during pregnancy, but still drink   + Information alone cannot solve the problem |  | * Widespread discussion and debate * Task forces, regional training centers, and prevention research * Epigenetic research * DSM V diagnostic criteria * Birth Mother’s Network from NOFAS * SAFA from The Arc | |
| **Common Concerns about Screening** |  | **Resources and get involved** | |
| * Lack of resources or referrals * Unsure about proof that light drinking is a problem * Screening could upset patients and cause them to leave or sue * Can’t get reimbursed for screening * It’s not light, social drinkers who I need to worry about |  | * Download the [FASD Toolkit](http://www.thearc.org/FASD-Prevention-Project/resources/toolkit) * [CDC Alcohol and Screening Guide](http://www.cdc.gov/VitalSigns/alcohol-screening-counseling/index.html) * [FASD Clinician Guide](http://www.acog.org/-/media/Departments/Tobacco-Alcohol-and-Substance-Abuse/FASD-Clinician-Guide.pdf?dmc=1&ts=20150331T1340224995) * [The Arc’s FASD Fact Sheet](http://www.thearc.org/document.doc?id=3663) * [Health Resources and Services Administration](http://www.hrsa.gov) (HRSA) | |
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| *The goal of the webinar series is to increase provider knowledge of the risks alcohol poses to a fetus, the use of prevention strategies, and of consistent messaging with patients: drinking while pregnant can cause FASD.  For more webinars or to see the full recording of this one:* [*http://tinyurl.com/jwh25cr*](http://tinyurl.com/jwh25cr) | | |