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| ***FASD Webinar Series: Supporting Health Care Providers to Prevent Fetal Alcohol Spectrum Disorders***  |
| **Presented by: Dr. Mary DeJoseph On: April 10, 2014** |
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* Works with NE/NE FASD Education and training center; serves on national FAS/FAE Task Force
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| **Overview of FASD** |  | **Data** |
| * FASDs include a variety of different disorders
	+ Descriptive term for broad span of disorders
	+ FASD is not a diagnosis
* CDC estimates 2-15 cases per 10,000 live births in the US
* Alcohol passes through placenta and enters embryo or fetus through umbilical cord
* Effects include physical, behavioral, mental and/or learning disabilities
* No cure, but is 100% preventable
 |  | * 66% of OB-GYNs believe that occasional alcohol consumption is not safe during any period of pregnancy
* Top barriers: patient denial, sensitivity, resistance to treatment time, finances, needs for training, confusing data
* Top Resource needed: referral resources for patients with alcohol problems
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| **The Problem** |  | **Progress—What Has Been Working** |
| * Difficult to determine what a woman who is high risk looks like
* There are many misconceptions about drinking and pregnancy
	+ Media and health care providers cause confusion
* Family and friends influence a woman’s decisions about drinking during pregnancy
* Many women are informed about the risks of drinking during pregnancy, but still drink
	+ Information alone cannot solve the problem
 |  | * Widespread discussion and debate
* Task forces, regional training centers, and prevention research
* Epigenetic research
* DSM V diagnostic criteria
* Birth Mother’s Network from NOFAS
* SAFA from The Arc
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| **Common Concerns about Screening**  |  | **Resources and get involved** |
| * Lack of resources or referrals
* Unsure about proof that light drinking is a problem
* Screening could upset patients and cause them to leave or sue
* Can’t get reimbursed for screening
* It’s not light, social drinkers who I need to worry about
 |  | * Download the [FASD Toolkit](http://www.thearc.org/FASD-Prevention-Project/resources/toolkit)
* [CDC Alcohol and Screening Guide](http://www.cdc.gov/VitalSigns/alcohol-screening-counseling/index.html)
* [FASD Clinician Guide](http://www.acog.org/-/media/Departments/Tobacco-Alcohol-and-Substance-Abuse/FASD-Clinician-Guide.pdf?dmc=1&ts=20150331T1340224995)
* [The Arc’s FASD Fact Sheet](http://www.thearc.org/document.doc?id=3663)
* [Health Resources and Services Administration](http://www.hrsa.gov) (HRSA)
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| *The goal of the webinar series is to increase provider knowledge of the risks alcohol poses to a fetus, the use of prevention strategies, and of consistent messaging with patients: drinking while pregnant can cause FASD. For more webinars or to see the full recording of this one:* [*http://tinyurl.com/jwh25cr*](http://tinyurl.com/jwh25cr) |