# Understanding Policy: A New Political Climate

How does getting involved in policy make a difference? Why does your vote matter? Learn more about what Congress does, why advocacy matters, and how policy can work for you.

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### **Overview**

- How does a bill become a law?
- Legislative and regulatory processes
- Key policymakers
- What to be aware of in a new political climate
- Current and key issues



### **Getting to Know You...**

- Who is in DC for the first time?
- Who has seen the tulips and redbuds this week?
- Who is here at the Disability Policy Seminar for the first time?



Page 2

### **Getting to Know You...**

- How many of you have been to Capitol Hill?
- How many of you consider yourself an advocate?
- How many of you belong to a selfadvocacy organization?



Page 3

### Pull a Chair Up to the Table!

- "If you don't have a seat at the table, you're probably on the menu." -Elizabeth Warren
- Most of the time we can't be at the table, so we elect people to Congress.
- We want leaders who share our values and will represent us well-that's why it's important to vote!



Page 4



### Voting

- In the mail you will get a sample ballot that says who is running for election.
- Read about all the candidates and their policy ideas and past records.
- If need help voting, ask TRUSTED friends & family, but remember- it's YOUR decision. Don't feel pressured!
- For more information:
  - What You Need to Know About Accessing the Right to Vote: Tuesday at 9:30am
  - What do the Polls Tell Us: Tuesday at 11:15am



## your VOTE is your VOICE

Page 5



### What is Advocacy?

- Influencing public policy
- Not just new laws but also:
  - Seeking enough money to make programs run
- Making sure laws are applied, translated, and enforced correctly





Page 6

### **Advocacy Steps**

- 1) Know the Issue/Identify the Problem
- 2) Discuss the Problem/Issue and Possible Solutions with Other Advocates You Trust
- 3) Agree with your Group on a Problem and a Solution
- 4) Work in Coalitions
- 5) Be Willing to Compromise
- 6) Talk to Legislators
- 7) Know the Process

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Page 7

### 1) Know the Issue/Identify the Problem

Before you identify the problem, first know the issue

 Make sure you understand what the problem really is before you take action



Page 8



### 2) Discuss Possible Solutions

 Discuss the Problem/Issue and Possible Solutions with Other Advocates You Trust





### 3) Strategize Ahead of Time

Agree with your Group on a Problem and a Solution



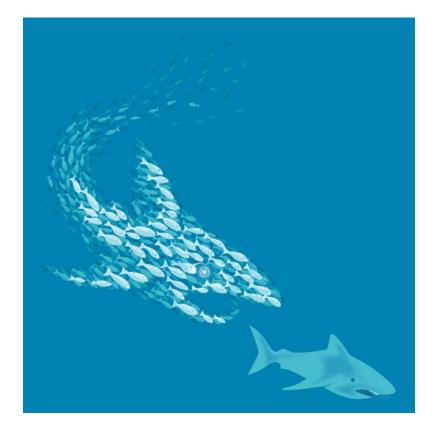


Page 10

### 4) Work in Coalitions

 Work with different people who share your goal

 You can be more powerful if you are well coordinated



Page 11



### 5) Compromise



- Be willing to compromise!
- Sometimes you have to agree to disagree



**Page 12** 

### 6) Talk to Legislators

• Communicate vour message to lawmakers





Page 13

### 7) Know the Process

• Be aware of how policymaking works!





Page 14

### **KEY POLICYMAKERS**





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Page 15

#### **TRIVIA QUESTION!!!** How many branches of government are there?



### TRIVIA QUESTION!!!

What are the branches of government?

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Page 16

### **3 Branches of Government**







Legislative Branch Congress:

Senate & House of Representatives



Judicial Branch Courts

**Page 17** 

### **President & Administration**

- Comes up with ideas for new laws
- Writes the rules that make the laws work
- (regulations)
- Enforces laws
- Signs or vetoes bills
- Has access to the media



Page 18



#### **TRIVIA QUESTION!!!**

# Who is the Secretary of Health and Human Services (HHS)?

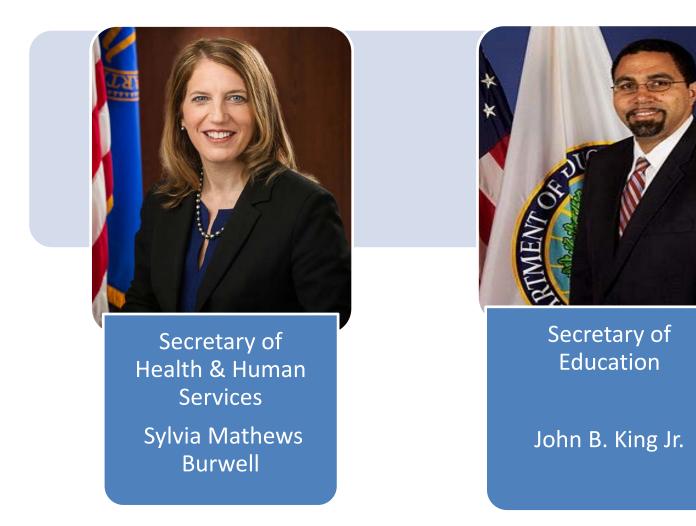


#### **TRIVIA QUESTION!!!** Who is the Secretary of Education?

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Page 19

#### **Executive Cabinet: HHS & Education**



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Page 20

#### Who knows how a bill becomes a law?





### How A Bill Becomes A Law

- Introduced by Member of Congress
- Sent to Committee/Subcommittee
- Hearings and markups held
- House or Senate debates
- Conference Committee meets
- House and Senate approve compromise
- President signs the bill into law



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Page 22

#### **TRIVIA QUESTION!!!**

# How many members of the House of Representatives are there?



#### **TRIVIA QUESTION!!!**

#### How long is a Representative's term?



Page 23

### **House of Representatives**

- 435 members
- The number of members each state gets depends on how large its population is
- Serve 2-year terms
- House has more internal rules than the Senate
- More focused on regional issues



Page 24



### **Key House Committees**

#### Appropriations

- Harold Rogers (R-KY)
- Nita Lowey (D-NY)
- Labor-HHS-Education
  Subcommittee
  - ➤ Tom Cole (R-OK)
  - Rosa DeLauro (D-CT)

#### Budget

- Tom Price (R-GA)
- Chris Van Hollen (D-MD)

- Health, Education & Workforce
  - John Kline (R-MN)
  - Bobby Scott (D-VA)
- Energy & Commerce
  - Fred Upton (R-MI)
  - Frank Pallone (D-NJ)
- Ways and Means
  - Kevin Brady (R-TX)
  - Sander Levin (D-MI)

Page 25



#### **TRIVIA QUESTION!!!**

#### How many members of the Senate are there?



#### TRIVIA QUESTION!!!

How long is a Senator's term?

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Page 26

### Senate

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• 100 members • Fewer internal rules • Members have more individual power Filibuster-use of parliamentary procedures to delay or kill bills

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Page 27

### **Key Senate Committees**

#### Appropriations

- Thad Cochran (R-MS)
- Barbara Mikulski (D-MD)
- Labor-HHS-Education
  Subcommittee
  - Jerry Moran (R-KS)
  - Dick Durbin (D-IL)

#### Budget

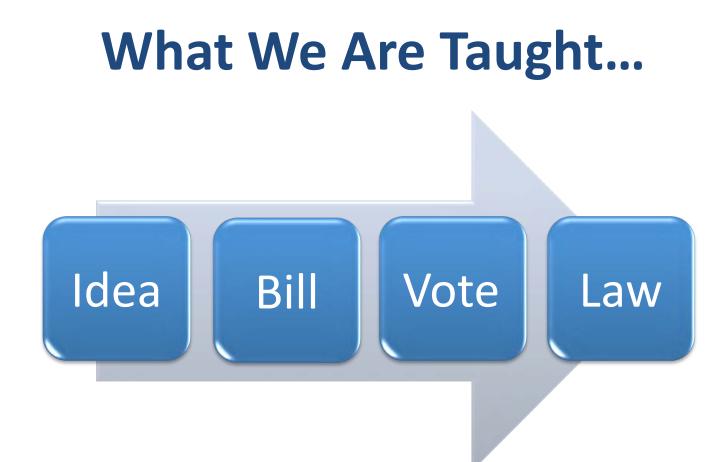
- Mike Enzi (R-WY)
- Bernie Sanders (D-VT)

#### • Finance

- Orrin Hatch (R-UT)
- Bobby Scott (D-OR)
- Health, Education, Labor & Pensions (HELP)
  - Lamar Alexander (R-TN)
  - Patty Murray (D-WA)
- Foreign Relations
  - Bob Corker (R-TN)
  - Ben Cardin (D-MD)

**Page 28** 





• There is a straightforward official process for passing a law, but...

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**Page 29** 

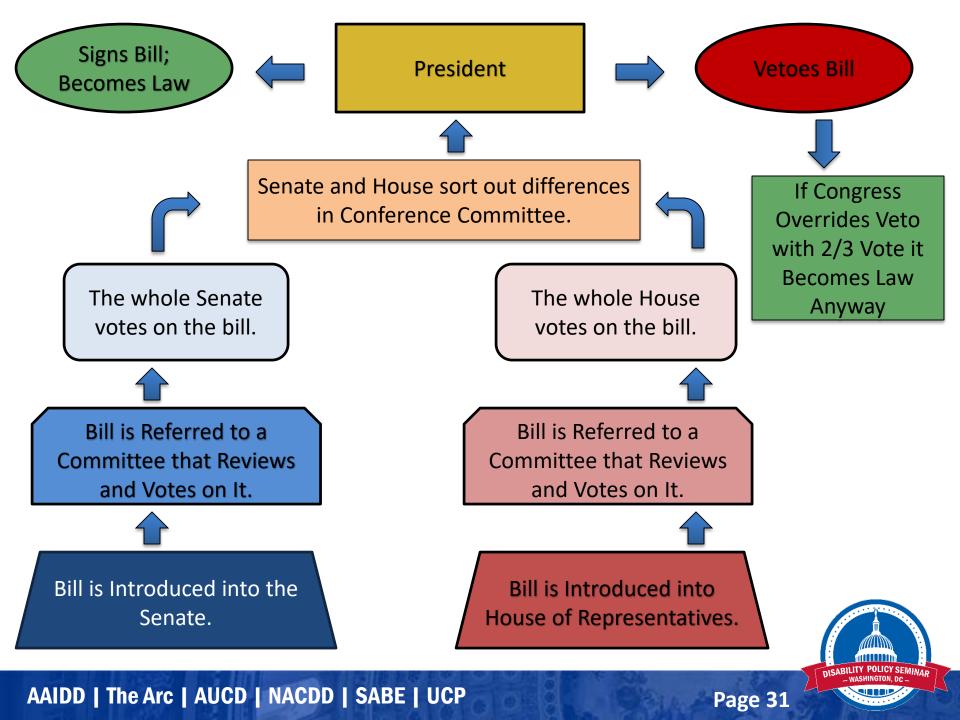


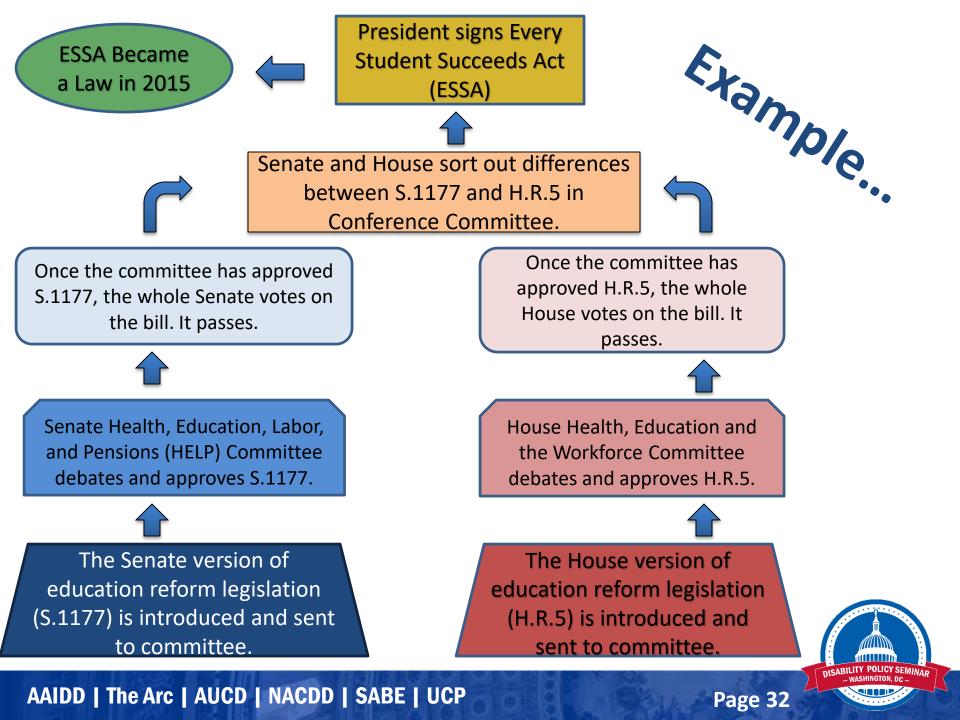
• In reality, the actual process is much more complicated.

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Page 30





- Support local and national advocacy organizations
  - Join a local self-advocacy organization
  - Friend organizations on Facebook or follow them on Twitter

Page 33

- Use social media to get the message out
- Follow Action Alerts
- Write letters and emails
- Make phone calls

- Make phone calls
- Join a board or legislative advisory body
- Participate in rallies
- Talk to your peers
- Host a letter writing party
- Attend a hearing
- Write a letter to the editor of your local paper



Page 34

- Stay engaged with the people who represent you in politics
- Get to know your Congressional representatives
- Visit your state and local legislators
  - www.house.gov
  - www.senate.gov



- Share information with legislators
   Tell them your story!
- Tell them why an issue is important to you and how it affects your daily life

**Page 36** 

- Be a resource to legislators-share your knowledge and experiences
- Be your own expert

### How can allies support advocates?

- Allies need to listen, make time, and not be in a hurry.
- Allies need to know how to talk with advocates about the movement.
- Support advocates-don't put opinions in their heads before they get their thoughts out
- Remember the "self" in self-advocate



**Page 37** 

### Recap

- What are the two houses of Congress?
- How many Senators are there?
- How many Members of the House are there?



Page 40

### Recap

- What has to happen for Congress to override the President's veto of a bill?
- What does the "HELP" in Senate HELP Committee stand for?
- What does a conference committee in Congress do with bills?



### Recap

- Who is the Secretary of Health and Human Services?
- Who is the Secretary of Education?

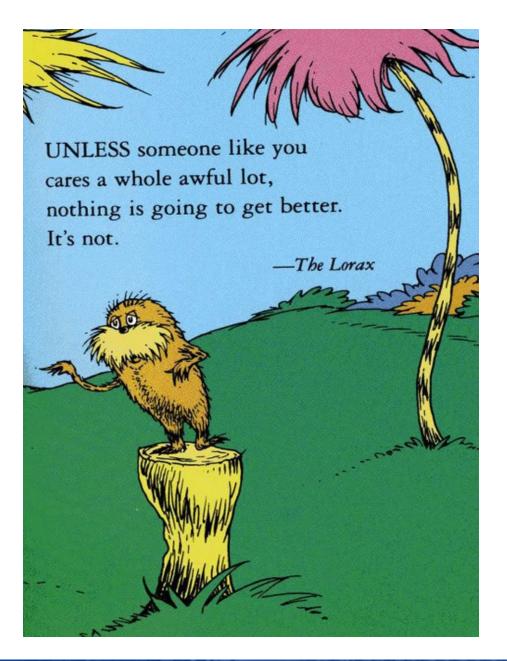


Page 39

#### Resources

Page 41

- <u>SABEUSA.org</u>
- AUCD.org
  - Tuesdays with Liz: Disability Policy for All
- TheArc.org
- <u>AlliesInAdvocacy.com</u>
- **Disability Policy Seminar**
- <u>Congress.gov</u>
- Self Advocacy Rules and Tips



### **Thank You!**

### Any questions?



### Tomorrow at 8:00 AM

Networking Breakfast	Grand Ballroom North & Central
Siblings Meet & Greet	Congressional Ballroom C
Self Advocates Meet & Greet	Congressional Ballroom AB
President & state chapter Executive Directors of the Arc	Meeting Room 2

- Roundtable on State Constitutional Conventions
  - Grand Ballroom South
- Target States:
  - Arizona, Delaware, Idaho, Kentucky, Maine, Maryland, Montana, Oklahoma, South Carolina, Virginia, Washington, Wisconsin, Wyoming

