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| ***FASD Webinar Series: Modifying FASD Prevention Strategies for Individuals with an FASD*** | | |
| **Presented by: Dan Dubovsky, MSW, LSW On: July 17, 2014** | | |
| * FASD Specialist, SAMHSA FASD Center for Excellence | | |
| **How Do We Recognize Individuals Who May Have an FASD?** |  | **Brain structures affected by Prenatal Alcohol Exposure** | |
| * There is no simple test to identify * Life History Screen – 28 questions in 9 categories to help guide modifications * Screening can lead to assessment and diagnostic evaluation * Diagnostic capacity is limited for adults, so proper assessments are crucial |  | * Basal ganglia, esp caudate nucleus – controls cognition, emotion, motor activity * Frontal Lobes – processes humor and information, expressive language, abstract thinking, aggression * Hippocampus – controls memory, learning, aggression, emotion * Amygdala – controls fear – “fight or flight”, stress, anxiety, anger, aggression | |
| **Issues in Prevention for Individuals with an FASD** |  | **How to Modify Motivational Interviewing to adapt to an Individual with an FASD** | |
| * Literal thinkers – they may respond differently/ incorrectly to questions based on how they are phrased * Have difficulty with verbal receptive processes – which many prevention strategies rely on * Motivational interviewing – relies heavily on individuals verbal processes and making decisions about their own behavior * Those with FASD tend to overact to situations |  | * Explain questions and give examples – be thorough * Write questions/answers down * Use specific timeframes * Be much more direct * Utilize more than just verbal senses * Assess the true understanding on questions/ answers * Needs lots of repetition and review * Show empathy and acknowledge success * Be creative and flexible | |
| **Resources:** |  | **How to get involved with**  **The Arc’s FASDs Prevention Project:** | |
| * Project CHOICES - [www.cdc.gov/ncbddd/fasd/research-preventing.html](http://www.cdc.gov/ncbddd/fasd/research-preventing.html) * The Impact of Prenatal Alcohol Exposure on Addiction Treatment - <http://journals.lww.com/journaladdictionmedicine/Fulltext/2013/03000/The_Impact_of_Prenatal_Alcohol_Exposure_on.1.aspx> * Screening in Treatment Programs for Fetal Alcohol Spectrum Disorders that Could Affect Therapeutic Progress - <http://www.ijadr.org/index.php/ijadr/article/view/116> |  | * Participate in FASD Focus Groups * Distribute electronic communications via social media about FASD prevention materials to colleagues or health care providers * Distribute and/or present FASD prevention materials to your colleagues and/or health care providers in your local community * Suggest that research or resources be added to the website * Share information with us about your FASD prevention efforts. | |
| **Contact:** Katrina Burkgren,   Program Associate   **Phone:** 202.534.3485    **Email:** burkgren@thearc.org | | | | |
| *The goal of the webinar series is to increase provider knowledge of the risks alcohol poses to a fetus, the use of prevention strategies, and of consistent messaging with patients: drinking while pregnant can cause FASD.  For more webinars or to see the full recording of this one:* [*http://tinyurl.com/jwh25cr*](http://tinyurl.com/jwh25cr) | | | | |